



# Eleiko XF Bumper Plate

5 kg, black

The new Eleiko XF Bumpers feature an improved composition for enhanced durability. They remain an incredibly quiet disc designed for tough training and varied environments but now will last even longer. We have also created a more narrow 20 kg discs, one that matches the width of the 15 kg discs, so more weight can be loaded on the barbell, now up to 200 kg. Our compressed recycled crumb rubber is soft yet durable providing fantastic sound dampening and shock absorption. Discs are sold individually.

## Features

### Designed For

Strength training and functional fitness in mixed use environments

### Secure Handling

Lipped edge around circumference for easy and safe handling

### Indoors or Out

Tough enough for the outdoors, yet quiet and gentle on floors indoors

### Recycled Rubber

All EU rubber for a more green, clean and durable disc

## Specifications

**Unit of measurement**  
Sold individually

**Article code**  
3085125-05

**Height**  
58 mm / 2.28 in.

**Weight**  
5 kg / 11.02 lbs

**Warranty**  
3 years

**Colour**  
Black

**Diameter**  
320 mm / 12.6 in.