



Eleiko Performance Weightlifting Bar

20 kg

The Performance Weightlifting Bar is made in Sweden and delivers the performance and quality you can rely on. Designed for explosive Olympic lifting, the steel is strong yet flexible and a great bar for anyone serious about high performance in sports and strength and conditioning. Precision needle bearings, an inner race and dustproof seal ensure weight moves smoothly under load and at high speeds, while the refined knurling provides a grip suited for high-performance training.

Features

Grip Markings

Bar features markings for weightlifting

Optimised Rotation

Engineered for smooth controlled rotation under load

Dustproof Seal

Keeps dust out and grease in for optimal performance

Knurling

Mild grip to ensure a secure hold on the bar

Designed For

High performance strength and conditioning

Specifications

Unit of measurement

Sold individually

Article code

3070100

Length

2200 mm / 86.61 in.

Weight

20 kg / 44.09 lbs

Warranty

12 years

Certification

None

Grip Surface

Chrome

Flange Width

30 mm / 1.18 in.

Sleeve Surface

Chrome

Bearings and Bushings

Needle bearings

Grip Markings

Weightlifting

Knurling

1.0 - Mild Knurling

Dustproof Seal

Yes

Loadable Sleeve Length

415 mm / 16.34 in.

Sleeve Diameter

50 mm / 1.97 in.

Sensor-Ready

No