



Precor Vitality Abdominal/Back Extension

Black Pearl/Black

The Precor Vitality™ Series Abdominal/Back Extension machine is designed to provide a balanced core workout, strengthening both abdominal and lower back muscles. With its dual-function capability, this versatile piece of equipment offers smooth transitions between exercises, ensuring a complete and efficient training session. Built to last, it is the perfect solution for users looking to enhance core stability and overall strength.

Features

Dual-Function Design for Balanced Core Training

This machine allows for seamless transitions between abdominal and back extensions, promoting balanced muscle development in the core.

Robust Construction for High Traffic Environments

Engineered with high-quality materials and a durable frame, the Abdominal/Back Extension machine ensures long-lasting performance, making it a reliable choice for busy fitness centers.

Adjustable for Personalized Comfort

With easily adjustable foot rollers and a pivoting back pad, users can find their ideal position, ensuring a comfortable and effective workout every time.

Specifications

Unit of measurement
Sold individually

Article code
3064370-011

Length
1520 mm / 59.84 in.

Width
1040 mm / 40.94 in.

Height
1550 mm / 61.02 in.

Weight
215 kg / 473.99 lbs

Warranty
See separate document*