

Precor Glute Builder Belt Squat GPL585

Black Pearl/Black Assembled

The Belt Squat / Step-Up Machine combines two dynamic lower-body exercises into one compact, high-performance unit. By positioning the load at the hips rather than across the shoulders, it enables deeper leg and glute activation while reducing spinal stress. Built for versatility, stability, and smooth performance, this dual-function design supports a wide range of training goals in both athletic and rehabilitation settings.



Produkt detaljer

Expanded Range of Motion

Dual load attachment points allow users to control the starting height and movement depth, enabling natural, unrestricted motion. Train belt squats, step-ups, and single-leg variations safely and effectively.

Versatile Training Options

Rotating handles and elevated non-slip platforms provide freedom of movement for a wide range of exercises. Switch seamlessly between bilateral and unilateral training, accommodating athletes of all sizes and skill levels.

Stable Underfoot Support

A large, textured foot platform ensures a solid base during heavy lifts and single-leg work. Integrated front support bars help maintain balance and confidence throughout the full range of motion.

User-Centric Construction

Thoughtfully engineered for intuitive use, safety, and long-term durability. Smooth movement mechanics and ergonomic positioning make it easy to focus on performance.

Spesifikasjoner

Måleenhet
Stykkvis

3064230-GPL585-011A

1550 mm / 61.02 in.

1420 mm / 55.91 in.

1250 mm / 49.21 in.

189,6 kg / 418 lbs

