

# Precor Discovery Plate-Loaded Low Row

Black Pearl/Black



The Discovery Series Plate Loaded Low Row is designed to replicate the motion of a bent-over dumbbell row. The independent movement of the Low Row engages the exerciser's lower back and core muscles to improve balance and functional strength, delivering a more effective workout. Strength equipment is a long-term investment and with the Discovery Series from Precor, you can make your strength purchase decision with confidence. With a full range of products that are approachable and intuitive, perform for exercisers of all ability levels, and will withstand the test of time, the Discovery Series is the straightforward strength solution you've been looking for.

## Features

### Independent Movement Arms

Designed to demand greater balance and core muscle engagement, the independent arm resistance, and diverging movement path provide a greater range of motion.

### Instructional Placard

Easy-to-understand, large, text-free illustrations demonstrate correct form at a glance and a QR code links to a helpful 30-second instructional video.

### Weight Storage Horns

The four weight horns are optimally positioned for easy load and unload and provide storage for over 600 lb / 272 kg of weight plates.

## Specifications

**Unit of measurement**  
Sold individually

**Article code**  
3064141-011

**Length**  
1480 mm / 58.27 in.

**Width**  
1270 mm / 50 in.

**Height**  
1240 mm / 48.82 in.

**Weight**  
160 kg / 352.74 lbs

**Warranty**  
See separate document\*