



# Precor Discovery Plate-Loaded Pull Down

Black Pearl/Black

The Discovery Series Plate Loaded Line Pull Down has independent movement and diverging pulling angles to increase the range of motion of exercise. Regressive strength curve reduces force at the bottom part of the movement to allow for a deeper workout. Traditional wide grip position and narrow (palms facing) grip position provide users with multiple exercise options. Four weight horns provide storage for over 270 kg (600 lbs) of plates.

## Features

### Compact Design

Unlike traditional pull-downs, the Discovery Series Plate Loaded Pulldown features a compact design that is more welcoming to all users.

### Independent Movement & Proper Angles

The movement arms move independently at an optimal angle to increase the user's range of motion. This not only ensures proper muscle activation but also encourages the user to engage their core at the same time.

### Exercise Variety

The pulling handles allow for multiple grip angles which provide variety in a workout. The adjustable seat allows user to position properly according to the grip they choose.

## Specifications

### Unit of measurement

Sold individually

### Article code

3063884-011

### Length

1680 mm / 66.14 in.

### Width

1300 mm / 51.18 in.

### Height

1940 mm / 76.38 in.

### Weight

148 kg / 326.28 lbs

### Warranty

See separate document\*