



# Precor Discovery Plate-Loaded Hack Squat Machine

Black Pearl/Black

The unique design of the Discovery Series Plate Loaded Hack Squat eliminates loading of the shoulders and the resultant compression of the spine. The intuitive seat design places the user in a more natural and comfortable upright position. The load is placed directly on the hips where it is better stabilised and recruits more of the targeted muscles of the lower body. Easy entry and exit access and the oversized, curved, non-slip foot platform provide a secure platform that includes a built-in calf raise lip.

## Spesifikasjoner

Måleenhet  
Stykkvis

3063868-011

2080 mm / 81.89 in.

1620 mm / 63.78 in.

1480 mm / 58.27 in.

206 kg / 454.15 lbs

