

Precor Discovery Plate-Loaded Hack Squat Machine

Black Pearl/Black

The unique design of the Discovery Series Plate Loaded Hack Squat eliminates loading of the shoulders and the resultant compression of the spine. The intuitive seat design places the user in a more natural and comfortable upright position. The load is placed directly on the hips where it is better stabilised and recruits more of the targeted muscles of the lower body. Easy entry and exit access and the oversized, curved, non-slip foot platform provide a secure platform that includes a built-in calf raise lip.

Specifikationer

Måleenhed

Stykvis

Artikelnummer

3063868-011

Længde

2080 mm / 81.89 in.

Bredde

1620 mm / 63.78 in.

Højde

1480 mm / 58.27 in.

Vægt

206 kg / 454.15 lbs

Garanti

See separate document*

