

# Precor Discovery Plate-Loaded Calf Raise DPL616

Black Pearl/Black

The Discovery Series Plate Loaded Leg Extension features independent arm movement to allow for greater balance and muscle engagement. Easy to enter with a single spring-assisted back pad that adjusts easily from the seated position. The lower starting weight and balanced strength curve further help to provide natural resistance through the full range of motion.

# Produkt detaljer

# **Back Pad Adjustments**

Easy back pad adjustments allow for quick modifications to ensure proper positioning during exercise.

#### Counterbalance

The counterbalance provides a smooth and fluid feel throughout the range of motion.

### Uavhengig bevegelse

Movement arms allow for user to improve muscle balance through focused engagement of each leg, minimising compensation of weaker muscles.

# **Spesifikasjoner**

**Måleenhet** 3063812-011 Stykkvis

1010 mm / 39.76 in. 78 kg / 171.96 lbs

1500 mm / 59.06 in.

760 mm / 29.92 in.



