

Precor Discovery Plate-Loaded Calf Raise

Black Pearl/Black

The Discovery Series Plate Loaded Leg Extension features independent arm movement to allow for greater balance and muscle engagement. Easy to enter with a single spring-assisted back pad that adjusts easily from the seated position. The lower starting weight and balanced strength curve further help to provide natural resistance through the full range of motion.

Produkt detaljer

Back Pad Adjustments

Easy back pad adjustments allow for quick modifications to ensure proper positioning during exercise.

Counterbalance

The counterbalance provides a smooth and fluid feel throughout the range of motion.

Spesifikasjoner

Måleenhet 3063812-011 Stykkvis

78 kg / 171.96 lbs

1010 mm / 39.76 in.

1500 mm / 59.06 in.

weaker muscles.

Uavhengig bevegelse

Movement arms allow for user to improve

muscle balance through focused engagement of each leg, minimising compensation of

760 mm / 29.92 in.



