

Precor Discovery Plate-Loaded Calf Raise

Black Pearl/Black

The Discovery Series Plate Loaded Leg Extension features independent arm movement to allow for greater balance and muscle engagement. Easy to enter with a single spring-assisted back pad that adjusts easily from the seated position. The lower starting weight and balanced strength curve further help to provide natural resistance through the full range of motion.

Features

Back Pad Adjustments

Easy back pad adjustments allow for quick modifications to ensure proper positioning during exercise.

Counterbalance

The counterbalance provides a smooth and fluid feel throughout the range of motion.

Independent Movement

Movement arms allow for user to improve muscle balance through focused engagement of each leg, minimising compensation of weaker muscles.

Specifications

Unit of measurement Sold individually

1010 mm / 39.76 in.

Height

Weight 78 kg / 171.96 lbs

Article code

3063812-011

Length 1500 mm / 59.06 in.

10 mm / 59.06 in. 760 mm / 29.92 in.

Width

s See separate document*