



Precor Discovery Plate-Loaded Calf Raise

Black Pearl/Black

The Discovery Series Plate Loaded Leg Extension features independent arm movement to allow for greater balance and muscle engagement. Easy to enter with a single spring-assisted back pad that adjusts easily from the seated position. The lower starting weight and balanced strength curve further help to provide natural resistance through the full range of motion.

Funktioner

Back Pad Adjustments

Easy back pad adjustments allow for quick modifications to ensure proper positioning during exercise.

Uafhængig bevægelse

Movement arms allow for user to improve muscle balance through focused engagement of each leg, minimising compensation of weaker muscles.

Counterbalance

The counterbalance provides a smooth and fluid feel throughout the range of motion.

Specifikationer

Måleenhed

Stykvis

Artikelnummer

3063812-011

Længde

1500 mm / 59.06 in.

Bredde

760 mm / 29.92 in.

Højde

1010 mm / 39.76 in.

Vægt

78 kg / 171.96 lbs

Garanti

See separate document*

