

Precor Discovery Plate-Loaded Leg Curl

Black Pearl/Black



The innovative, adjustment-free design of the Discovery Series Plate Loaded Leg Curl allows the exerciser to easily move from the right to left leg without making any adjustments. The kneeling configuration creates a superior movement path with a smooth feel and increased muscle contraction. Strength equipment is a long-term investment and with the Discovery Series from Precor you can make your strength purchase decision with confidence. With a full range of products that are approachable and intuitive, perform for exercisers of all ability levels, and will withstand the test of time, the Discovery Series is the straightforward strength solution you've been looking for

Produkt detaljer

Uavhengig bevegelse

Independent movement demands greater balance and muscle engagement. The resistance strength curves are tailored to match the body's natural force curves, providing the most effective load during the exercise.

Adjustment-Free Design

A streamlined design allows the exerciser to easily move from the right to left leg without needing to make any adjustments.

Lav startvekt

With a start weight of 11 lb / 5 kg, the DPL0561 Leg Curl offers low starting resistance for first-time exercisers and rehabilitation applications and up to 180 lb / 82 kg of weight for the most seasoned exercisers.

Instructional Placard

Easy-to-understand, large, text-free illustrations demonstrate correct form at a glance and a QR code links to a helpful 30-second instructional video.

Spesifikasjoner

Måleenhet

Stykkvis

3063810-011

1220 mm / 48.03 in.

1670 mm / 65.75 in.

1400 mm / 55.12 in.

130 kg / 286.6 lbs

