



# Precor Discovery Plate-Loaded Shoulder Press

Black Pearl/Black

The Discovery Series Plate Loaded Line Shoulder Press has independent movement and converging pushing angles to increase the range of motion of the exercise. Oversized handles make pressing exercises more comfortable by spreading the load over a larger area of the user's hand, and the easy seat adjustment means a broad range of user heights can be accommodated. Four weight horns provide storage for over 270 kg (600 lbs) of plates.

## Features

### Counterbalance

The Shoulder Press features a counterbalance that provides a low starting weight, allowing novice lifters more options.

### Ergonomic Design

The seat angle and adjustments allow for proper user positioning that ensures alignment of weight with joints for stabilisation under lifting load.

### Oversize Handle Size

The 1.5" diameter of the handles allows for reduced pressure on the user's hands, decreasing the chance of strain and injury.

## Specifications

### Unit of measurement

Sold individually

### Article code

3063808-011

### Length

1440 mm / 56.69 in.

### Width

1530 mm / 60.24 in.

### Height

1570 mm / 61.81 in.

### Weight

141 kg / 310.85 lbs

### Warranty

See separate document\*