

# Eleiko Olympic Flat Bench

Charcoal/Skai Black

The Eleiko Olympic Flat Bench combines user friendly features with smart details to ensure safety and minimize maintenance. It is designed to perform a variety of bench press exercises from a flat bench position. The bench features ten height adjustments for the bar hooks so users can find a comfortable starting and ending position. Adjustment positions are numbered on both side of the uprights so lifters can easily confirm their position. The hooks feature built-in polyurethane rollers to protect the bar knurling and allow lifters to adjust the bar while loaded for optimal positioning. The integrated weight storage pins keep weights close at hand and the lifting area clutter free. If extra stability is needed, the bench can be bolted to the ground using the hidden bolt holes in the frame.

## Features

### Designed For

Developing upper body strength.

### Easy to Operate

Numbered height adjustment visible from both sides of the tubing so you can ensure even placement.

### Safety Features

Numbered height adjustment, warning markings for unengaged pop-pins and bolt down holes are all features that contribute to user safety.

### Customized Positioning

10 settings mean users can find the appropriate and safe position.

### Adjustable Hooks

Allows users to find the optimal start and ending position that is appropriate and safe for their training needs.

## Specifications

### Article code

BD-1-295

### Length

1669 mm / 65.71 in.

### Width

1720 mm / 67.72 in.

### Height

1253 mm / 49.33 in.

### Weight

82,5 kg / 181.88 lbs

### Warranty

6 months-10 years

