

Eleiko XF Dumbbell

15 kg

Eleiko's XF Dumbbells provide a convenient way to quickly add resistance and load a wide variety of exercises. The hexagonal shape ensures dumbbells won't roll and opens a world of possibilities for exercises using the dumbbells as handles such as plank rows and L-sits. A gently sloped comfortable knurled handle delivers a secure grip. The rubber is quiet in use and gentle on gym floors. Dumbbells are sold individually or in sets and weights range from 1 kg to 40 kg, with the anything over 10 kg increasing in 2 kg increments. Dumbbells are sold individually. The dumbbells are delivered with a thin protective oily coating and made from a rubber mixture that is completely odour free.

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Designed For

Whole body free weight strength and functional training

Secure Comfortable Hold

Sloped knurled chromed steel handles are comfortable, and allow for a secure hold

User Friendly

Clearly printed numbers and well-spaced weight increments

Grip Diameter

Ranges from 25 mm to 34 mm dependent upon weight

Specifications

Unit of measurement
Sold individually

Article code

Length 330 mm / 12.99 in.

Width 150 mm / 5.91 in.

Height 130 mm / 5.12 i<u>n.</u>

Weight 15 kg / 33.07 lbs Warranty 2 years Colour Black/Silver

Series

Handle Fixed Handle Diameter 33 mm / 1.3 in.