



Eleiko Curl Bar

50 mm, 12 kg

While we champion functional training, we know muscle isolation and targeted training has an important role in a training program as well and bring our legendary commitment to quality, performance and durability to the Eleiko Curl Bar. Comfortable grip and hand positioning along with quality components that deliver optimal rotation ensure a safe and comfortable user experience. The angled shape of the bar supports a variety of hand positions for triceps and bicep training. The mildly grooved sleeve prevents weights from slipping.

Features

- Designed For**
Developing strength in the biceps and triceps
- Comfortable Curved Grip**
Variety of hand positions for tricep and bicep training
- Grooved Sleeves**
Mildly grooved sleeves prevent weights from slipping.

- Knurling**
Balanced grip to ensure a secure hold on the bar
- Smooth Performance**
Four high quality needle bearings ensure smooth rotation

Specifications

Unit of measurement Sold individually	Article code 3061174	Length 1316 mm / 51.81 in.	Weight 12 kg / 26.46 lbs
Warranty 12 years	Certification None	Grip Surface Chrome	Sleeve Surface Chrome
Bearings and Bushings Needle bearings	Grip Markings None	Knurling 1.2 - Balanced	Max Load 500 kg / 1102,31 lbs
Dustproof Seal No	Sleeve Diameter 50 mm / 1.97 in.	Loadable Sleeve Length 230 mm / 9.06 in.	Flange Width 20 mm / 0.79 in.
Sensor ready sleeves No			

RAISE THE BAR



ELEIKO