

Eleiko Curl Bar

50 mm, 12 kg

While we champion functional training, we know muscle isolation and targeted training has an important role in a training program as well and bring our legendary commitment to quality, performance and durability to the Eleiko Curl Bar. Comfortable grip and hand positioning along with quality components that deliver optimal rotation ensure a safe and comfortable user experience. The angled shape of the bar supports a variety of hand positions for triceps and bicep training. The mildly grooved sleeve prevents weights from slipping.

Features

Designed for
Developing strength in the biceps and triceps

Comfortable Curved Grip
Variety of hand positions for tricep and bicep training

Grooved sleeves
Mildly grooved sleeves prevent weights from slipping.

Knurling
Balanced grip to ensure a secure hold on the bar

Smooth Performance
Four high quality needle bearings ensure smooth rotation

Specifications

Unit of measurement
Sold individually

Article code
3061174

Length
1316 mm / 51.81 in.

Weight
12 kg / 26.46 lbs

Warranty
12 years

Certification
None

Grip surface
Chrome

Sleeve surface
Chrome

Bearings and bushings
Needle bearings

Grip markings
None

Knurling
1.2 - Balanced

Max load
500 kg / 1102,31 lbs

Dustproof seal
No

Sleeve diameter
50 mm / 1.97 in.

Loadable sleeve length
230 mm / 9.06 in.

Flange width
20 mm / 0.79 in.

Sensor-ready
No

RAISE THE BAR

ELEIKO