

# Eleiko IPF Powerlifting Competition Bar

20 kg

Certified for competition by the International Powerlifting Federation (IPF) and designed for professional and competitive powerlifting athletes, the Eleiko IPF Powerlifting Competition Bar is specifically suited for the three powerlifting competition lifts - the squat, bench press and deadlift. The bar features robust bronze bushings and with a special graphite addition that allows the bar to self-lubricate enhancing performance and longevity while controlling rotation. The IPF powerlifting competition bar is untreated as per the rules of the IPF, in order to offer the best possible grip, so the surface will need regular maintenance to manage the surface corrosion. This patina is purely cosmetic and will not affect the performance of the bar. Regularly brushing the bar with the included brush after each use (especially when using magnesium) is recommended to keep the bar looking its best for as long as possible.



## Features

### Designed For

Professional and competitive powerlifting

### Grip Markings

Bar features markings for powerlifting.

### Certified

Bar is certified by the IPF for competition.

### Knurling

An aggressive grip that is deep, sharp and untreated

## Specifications

**Unit of measurement**  
Sold individually

**Article code**  
3061173

**Length**  
2200 mm / 86.61 in.

**Weight**  
20 kg / 44.09 lbs

**Warranty**  
Lifetime

**Certification**  
IPF

**Grip Surface**  
Raw Steel

**Sleeve Surface**  
Chrome

**Bearings and Bushings**  
Graphite-infused bronze bushings

**Grip Marking**  
Powerlifting

**Knurling**  
1.5 - Aggressive

**Dustproof Seal**  
Yes

**Sleeve Diameter**  
50 mm / 1.97 in.

**Loadable Sleeve Length**  
433 mm / 17.05 in.

**Flange Width**  
12 mm / 0.47 in.

**Sensor ready sleeves**  
No

