

# Eleiko IPF Powerlifting Competition Bar

20 kg

Certified for competition by the International Powerlifting Federation (IPF) and designed for professional and competitive powerlifting athletes, the Eleiko IPF Powerlifting Competition Bar is specifically suited for the three powerlifting competition lifts - the squat, bench press and deadlift. The bar features robust bronze bushings and with a special graphite addition that allows the bar to self-lubricate enhancing performance and longevity while controlling rotation. The IPF powerlifting competition bar is untreated as per the rules of the IPF, in order to offer the best possible grip, so the surface will need regular maintenance to manage the surface corrosion. This patina is purely cosmetic and will not affect the performance of the bar. Regularly brushing the bar with the included brush after each use (especially when using magnesium) is recommended to keep the bar looking its best for as long as possible.



## Features

### Designed for

Professional and competitive powerlifting

### Grip Markings

Bar features markings for powerlifting.

### Certified

Bar is certified by the IPF for competition.

### Knurling

An aggressive grip that is deep, sharp and untreated

## Specifications

### Unit of measurement

Sold individually

### Article code

3061173

### Length

2200 mm / 86.61 in.

### Weight

20 kg / 44.09 lbs

### Warranty

Limited Lifetime

### Certification

IPF

### Grip surface

Raw Steel

### Sleeve surface

Chrome

### Bearings and bushings

Graphite-infused bronze bushings

### Grip markings

Powerlifting

### Knurling

1.5 - Aggressive

### Dustproof seal

Yes

### Sleeve diameter

50 mm / 1.97 in.

### Loadable sleeve length

433 mm / 17.05 in.

### Flange width

12 mm / 0.47 in.

### Sensor-ready

No