

# Eleiko IWF Weightlifting Competition Bar

20 kg, men

Designed specifically for competitive Olympic weightlifting and certified by the International Weightlifting Federation (IWF), the Eleiko Competition Bar is for professional and competitive lifters. The bar has extremely tight tolerances and aggressive knurling suited for one rep max attempts. Crafted with precision in Sweden, we combine the finest materials along with 60 years of barbell manufacturing expertise to craft this unrivalled competition bar.



## Features

### Designed For

Professional and competitive weightlifting

### Perfected Rotation

Engineered for smooth controlled rotation under load

### Knurling

Balanced grip to ensure a secure hold on the bar

### Certified

Bar is certified by the IWF for competition.

### Grip Markings

Bar features markings for weightlifting

## Specifications

### Unit of measurement

Sold individually

### Article code

3060446

### Length

2200 mm / 86.61 in.

### Weight

20 kg / 44.09 lbs

### Warranty

Lifetime

### Certification

IWF

### Sleeve Surface

Chrome

### Bearings and Bushings

Needle bearings

### Grip Markings

Weightlifting

### Knurling

1.2 - Competition

### Grip Surface

Chrome

### Dustproof Seal

Yes

### Sleeve Diameter

50 mm / 1.97 in.

### Loadable Sleeve Length

415 mm / 16.34 in.

### Flange Width

30 mm / 1.18 in.

### Sensor ready sleeves

No

RAISE THE BAR



# ELEIKO