

# Eleiko IPF Powerlifting Competition Plate

5 kg

- ✓ Calibrated Steel Plates
- ✓ IPF Certified

The Eleiko Powerlifting Competition Change Plates are ideal for smaller weight increases. The change plates are high-quality IPF-approved steel plates with a prominent lip and curved edges for comfortable and secure handling. The plates range from .25 kg to 5 kg, the 5 kg. The smallest three increments are chromed, while the 2.5kg is black and the 5 kg is white, making the plates easy to identify. Plates are sold individually.



## Features

### Designed For

The IPF Powerlifting Competition Change Plates are designed for smaller weight increases in competition and training environments.

### Easy to Identify

Varied sizing and colour finishes make weights easily identifiable.

### Certified

The change plates are certified by the IPF for training and competition.

## Specifications

**Unit of measurement**  
Sold individually

**Article code**  
3060350-0500

**Height**  
20 mm / 0.79 in.

**Weight**  
5 kg / 11.02 lbs

**Warranty**  
10 years

**Certification**  
IPF

**Diameter**  
228 mm / 8.98 in.

