

- \checkmark 3 in 1 Wooden Plyo Box
- ✓ Sustainably sourced FSC wood
- ✓ Made in Europe

Position the plyo box at one of three heights — 20, 24 and 30 inches — for versatile, dynamic plyometric training. Made in Europe from FSC-certified wood, durable construction makes the plyo box ideal for functional movements such as step-ups and box jumps and is an excellent tool for a strength training area or home gym.

Different Heights

for easy manoeuvrability.

Built to Last

use.

The plyo box accommodates three different

heights, 20 inches, 24 inches and 30 inches.

It weighs 20 kg and includes cut-out handles

Solid wood construction stands up to heavy

Features

Versatile Training Equipment Training tool for various plyometric and

functional exercises such as step-ups and box jumps.

Distinctive Details

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The plyo box features an embossed Eleiko logo, easily legible height markings, and rounded edges that are inviting for the user.

Packed For Easy Assembly

The box is shipped flat but is ready for assembly with included mounting and screws.

Specifications

Unit of measurement Sold individually

Height 760 mm / 29.92 in. Article code 3050478

Weight 20 kg / 44.09 lbs **Length** 508 mm / 20 in.

Warranty

6 months

Width 610 mm / 24.02 in.



