

Designed For

Eleiko XF Dumbbell

14 kg

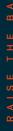
Eleiko's XF Dumbbells provide a convenient way to quickly add resistance and load a wide variety of exercises. The hexagonal shape ensures dumbbells won't roll and opens a world of possibilities for exercises using the dumbbells as handles such as plank rows and L-sits. A gently sloped comfortable knurled handle delivers a secure grip. The rubber is quiet in use and gentle on gym floors. Dumbbells are sold individually or in sets and weights range from 1 kg to 40 kg, with the anything over 10 kg increasing in 2 kg increments. Dumbbells are sold individually. The dumbbells are delivered with a thin protective oily coating and made from a rubber mixture that is completely odour free.

User Friendly

Fixed

	Whole body free weight strength and functional training Secure Comfortable Hold Sloped knurled chromed steel handles are comfortable, and allow for a secure hold		Clearly printed numbers and well-spaced weight increments Grip Diameter Ranges from 25 mm to 34 mm dependent upon weight	
Specifications	Unit of measurement Sold individually	Article code 3002333	Length 330 mm / 12.99 in.	Width 150 mm / 5.91 in.
	Height 130 mm / 5.12 in.	Weight 14 kg / 30.86 lbs	Warranty 2 years	Colour Black/Silver
	Series	Handle Length	Handle	Handle Diameter

135 mm / 5.31 in.



Features

33 mm / 1.3 in.