



Eleiko XF Dumbbell

14 kg

Eleiko's XF Dumbbells provide a convenient way to quickly add resistance and load a wide variety of exercises. The hexagonal shape ensures dumbbells won't roll and opens a world of possibilities for exercises using the dumbbells as handles such as plank rows and L-sits. A gently sloped comfortable knurled handle delivers a secure grip. The rubber is quiet in use and gentle on gym floors. Dumbbells are sold individually or in sets and weights range from 1 kg to 40 kg, with the anything over 10 kg increasing in 2 kg increments. Dumbbells are sold individually. The dumbbells are delivered with a thin protective oily coating and made from a rubber mixture that is completely odour free.

Features

Designed for

Whole body free weight strength and functional training

Secure Comfortable Hold

Sloped knurled chromed steel handles are comfortable, and allow for a secure hold

User friendly

Clearly printed numbers and well-spaced weight increments

Grip Diameter

Ranges from 25 mm to 34 mm dependent upon weight

Specifications

Unit of measurement

Sold individually

Article code

3002333

Length

330 mm / 12.99 in.

Width

150 mm / 5.91 in.

Height

130 mm / 5.12 in.

Weight

14 kg / 30.86 lbs

Warranty

2 years

Colour

Black/Silver

Series

XF

Handle length

135 mm / 5.31 in.

Handle

Fixed

Handle diameter

33 mm / 1.3 in.