

# Eleiko XF Dumbbell

12 kg

Eleiko's XF Dumbbells provide a convenient way to quickly add resistance and load a wide variety of exercises. The hexagonal shape ensures dumbbells won't roll and opens a world of possibilities for exercises using the dumbbells as handles such as plank rows and L-sits. A gently sloped comfortable knurled handle delivers a secure grip. The rubber is quiet in use and gentle on gym floors. Dumbbells are sold individually or in sets and weights range from 1 kg to 40 kg, with the anything over 10 kg increasing in 2 kg increments. Dumbbells are sold individually. The dumbbells are delivered with a thin protective oily coating and made from a rubber mixture that is completely odour free.

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# **Designed For**

Whole body free weight strength and functional training

#### Secure Comfortable Hold

Sloped knurled chromed steel handles are comfortable, and allow for a secure hold

### **User Friendly**

Clearly printed numbers and well-spaced weight increments

#### **Grip Diameter**

Ranges from 25 mm to 34 mm dependent upon weight

# **Specifications**

**Unit of** measurement Sold individually

3002332

Article code

Weight Warranty 12 kg / 26.46 lbs 2 years

Handle Fixed

Colour Black/Silver **Series** 

**Handle Length** 135 mm / 5.31 in.

**Handle Diameter** 33 mm / 1.3 in.

