



Eleiko XF Sled / Prowler Light

Black

A robust, responsive sled that weights 19 kg. It can be pushed or pulled, used with weight discs for increased resistance, equipped with a snap hook attachment, and you can even pull it with a rope from the front of the sled. The handle can be disassembled. While designed primarily for indoor use, it can be used outdoors. Plastic skis (item no. 3060343) provide protection to the sled and floor and can be ordered separately. Most effective when used on floor surfaces with little or no friction, such as turf, asphalt (with plastic skis), and scratch-resistant flooring. High friction flooring, made from rubber, for example, should be avoided.

Features

Designed For

Performing a variety of pushing and pulling exercises

Quality Construction

Strong sturdy steel tubing and durable powder coat finish

Clip Attachment

Easily attach a rope or straps to the front of the sled for exercise variety

Specifications

Unit of measurement
Sold individually

Article code
3002077-03

Length
560 mm / 22.05 in.

Width
400 mm / 15.75 in.

Height
530 mm / 20.87 in.

Weight
19 kg / 41.89 lbs

Warranty
2 years

Colour
Black

