



# Eleiko Powerlifting Competition Change Plates

The Eleiko Powerlifting Competition Change Plates are ideal for smaller weight increases. The change plates are a high-quality IPF approved metal discs and feature a large lip and curved edges for comfortable and secure handling. The discs range from .25 kg to 5 kg, the 5 kg. The smallest three increments are chromed, while the 2.5kg is black and the 5 kg is white, making the discs easy to identify. Discs are sold individually.

## Features

### Designed For

Smaller weight increases in competition and training

### Easy to Identify

Varied sizing and color finishes make weights easily identifiable

### Certified

Plates are certified by the IPF for training and competition

## Specifications

**Unit of measurement**  
Sold individually

**Height**  
20 mm / 0.79 in.

**Weight**  
5 kg / 11.02 lbs

**Warranty**  
10 years